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Stephen Porges - Official Site

NICABM - The Polyvagal Theory for Treating Trauma The transcript of Dr. Porges' interview with Dr. Ruth Buczynski, PhD for the National Institute for the Clinical Application of Behavioral Medicine is available in full text here (PDF). The interview describes the Polyvagal Theory's use in treating trauma.

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Stephen Porges is married to C. Sue Carter, a world leader in the role of neuropeptides oxytocin and vasopressin in social cognition. ... The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-regulation. New York: WW Norton. See also. Polyvagal theory. Polyvagal Theory; Dissociative disorders.

Stephen Porges - Wikipedia

The polyvagal theory presented in client-friendly language. This book offers therapists an integrated approach to adding a polyvagal foundation to their work with clients. With clear explanations of the organizing principles of Polyvagal Theory, this complex theory is translated into clinician and client-friendly language.

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The Polyvagal theory (gr. 'polus', "many" + 'vagal', "vagus nerve") specifies two functionally distinct branches of the vagus, or tenth cranial nerve. It serves to identify the relationship between visceral experiences and the vagus nerve's parasympathetic control of the heart, lungs, and digestive tract.

Polyvagal theory - Wikipedia

The Polyvagal Theory offers a paradigm shift in neuropsychiatric approaches to treatment. Porges explains why medicine, psychology and social behavior hinges on neurophysiological underpinnings, and how current practices need to change to become more effective.

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